

PE at Cawood CE VA Primary School

Stepping Forward Together

We strive to provide the highest standards of education.

Our distinctive christian values of Perseverance, Friendship, Thankfulness and Wisdom (PFTW) drive our ambition, that every member of our community will flourish and fulfill their potential as a child of God.

John Chapter 10 verse 10

...I have come that they may have life, and have it to the full.

This is supported through our 5 ways to flourish which underpin our decision making and teaching and learning approaches.

5 Ways to Flourish – PE focus

Be Active – pupils completing physical activity in PE sessions, playtimes and active learning

Connect – working as a team, supporting each other and communicating well

Keep Learning – exploring new skills, developing existing skills and putting them into practice in new ways

<p>Intent</p>	<p>Our intent is to provide the most engaging and active sports and pe education for all the children at Cawood CE Primary. We aim to do this in the following ways.</p> <ul style="list-style-type: none"> • To have 2 discrete PE sessions each week for every child • Lessons and enrichment clubs to be taught by a combination of class teachers, TAs and high quality sports coaches. • To have a varied and engaging coherent programme of sports and pe over a 2 year rolling long-term plan. • To ensure a broad coverage the national curriculum with a range of sports and activities each year. • To have a coherent sequence of lessons based on Complete PE to give excellent progression maps and assessment statements across 4 key aspects (physical, cognitive, social, wellbeing) • To provide additional enrichment opportunities to compete and explore new skills and sports at playtimes, lunchtime and after school clubs • To emphasise the importance and enjoyment of sport and keeping fit and healthy through our dedicated health and wellbeing week and programme of intra and inter-school competitions. • To encourage our pupil voice through our pupil leadership group : <ul style="list-style-type: none"> ○ Pupil voice in planning and assessing PE sessions, events and activities ○ Help with organisation, maintenance and selection of equipment ○ Agree and support playtime games ideas and equipment • To continue to develop our provision and sporting opportunities by having quality resources, ideas and ongoing support for incorporating active learning into other aspects of the school curriculum • A daily reminder about the importance of exercise and keeping fit. Staff are encouraged to complete daily mile / active brain breaks every afternoon.
<p>Pedagogical approach</p>	<p>Following the Complete PE sequence of learning – usually 6 steps, paced by required time rather than 1 sequence per session.</p> <p>Each unit starts with in-class discussion to set the context, purpose and share any prior knowledge. Physical sessions will usually begin with a show what you know exercise, followed by opportunity to explore, model and develop new skills, before putting new skills into practice in a game or group / individual performances.</p> <p>Key questions asked throughout the session to support self-assessment, development of skills and understanding of purpose.</p> <p>Teachers assess against given success criteria throughout unit and use these judgements to support pace of learning and end of unit summative assessments.</p> <p>SEND pupils are fully engaged in PE lessons, where possible working alongside their peers with appropriate adjustments to allow them to achieve against similar adapted success criteria</p>
<p>Implementation</p>	<p>At Cawood, we place a high value on being active as a key ingredient of education which contributes enormously to the children’s development, their happiness, health and well-being. For this reason, we consider physical education as an essential and integral part of the curriculum, challenging children to develop their physical skills alongside social skills and a positive growth mindset that recognises setbacks as opportunities for future learning and resilience to overcome negative feelings. We aim to teach and support all children to enjoy success and equally how to persevere when something is difficult and how to pick yourself up and keep going if you have a set-back. We provide a wide range of sporting and active opportunities to interest the children and to provide enrichment to their education. All children have opportunities to take part in competitive sport and to try a wide range of new sports such as tennis, football, rugby, hockey, dance, keep fit, basket ball and martial arts.</p>