



# CAWOOD CHURCH OF ENGLAND (VA) PRIMARY SCHOOL

## PE and Games policy 2019 - 2021

Document Status			
<b>Date of next review</b>		<b>Responsibility</b>	Teaching and Learning Committee
<b>Date of Policy Creation</b>	June 2015		
<b>Date of Policy Adoption by Governing Body</b>		<b>Responsibility</b>	Chair of Teaching and Learning
Policy updated 13.5.19 (T&L)		<b>Signed</b>	
<b>Method of Communication</b>			
Website, Server			

### **Rationale:**

Please read this in conjunction with the Sports Premium Strategy.

#### **Rationale:**

Physical Education develops pupils' physical competence and confidence, and their ability to use these to perform in a range of activities. Physical Education provides opportunities for pupils to be creative, competitive and to face up to different challenges as individuals and in groups and teams. National Curriculum (1999 and subsequent revisions)

#### **Aims:**

- To develop and maintain mobility and flexibility, stamina and strength through active participation.
- To develop the ability to make independent informed decisions on the selection, linking and sequencing of actions, and the organisation and use of resources.
- To develop the ability to remember, repeat and adapt practical skills and improve the quality of performance.
- To improve observational skills and the ability to describe and make constructive judgements on their own and others work.
- To promote a positive attitudes towards a healthy lifestyle.
- To understand the safety aspect of physical education by showing self-discipline and awareness of others.
- To develop communication skills and promote the skills necessary for effective co-operation and working within a team.
- To understand the importance of exercise and the effect it has on the body.

#### **Guidelines:**

1. The programmes of study prescribed in The National Curriculum and the EYFS form the basis of the curriculum.
2. Medium term planning will be based on the Val Sabin scheme of work for Gymnastics, Games and Dance. Medium term planning is supported through the use of sports coaches who work alongside teachers in the delivery of the PE curriculum.
3. All children are given equal access and opportunities in PE.
4. The school uses the Sports Premium to further enhance PE provision in school through the use of specialist sports coaches, fully subsidised lunchtime clubs, part subsidised after school clubs, the provision of transport for sporting fixtures and swimming, and through providing additional resources for children to use in PE lessons.

5. All children will wear black shorts and white t-shirt with suitable footwear for PE. If a child does not have a PE kit in school they would be expected to contribute to the lesson through evaluation and observation. Parents/carers will be informed if a child does not have PE kit on repeated occasions.
6. Jewellery must be removed before the lesson. Studs can be taped over by the children for the first 6 weeks only, after that they must be removed for PE.
7. The Val Sabin Guidelines for setting up and moving PE equipment will be followed.
8. All staff are made aware of procedures to be followed in school for First Aid and any injuries sustained during PE.

Updated May 2019